

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Courses</b>	Yorkshire pudding Beef goulash Vegetable lasagne Chicken curry	Roast Chicken Liver and Sausage	Beef Casserole and Dumplings Vegetable Bake Salmon Fishcakes	Beef Lasagne Roast Pork with apple sauce Spinach & Ricotta Bake	Sausage Rolls Vegetable Grills Breaded Haddock
<b>Alternative Hot Dishes</b>	Pasta and Sauce Jacket potato Jacket Potato Fillings	Pasta and Sauce Jacket potato Jacket Potato Fillings	Pasta and Sauce Jacket potato Jacket Potato Fillings	Pasta and Sauce Jacket potato Jacket Potato Fillings	Pasta and Sauce Jacket potato Jacket Potato Fillings
<b>Salads and Sandwiches</b>	Assorted Wraps and Sandwiches Assorted Salad	Assorted Wraps and Sandwiches Assorted Salad	Assorted Wraps and Sandwiches Assorted Salad	Assorted Wraps and Sandwiches Assorted Salad	Assorted Wraps and Sandwiches Assorted Salad
<b>Starchy dishes</b>	Boiled potatoes Brown rice	Mashed potato	Mashed Potato	Roast Potatoes Mashed Potato	Potato Wedges
<b>Vegetables</b>	Cauliflower Cabbage Sweetcorn	Broccoli Carrots Sweetcorn	Garden Peas Carrots Sweetcorn	Broccoli Cabbage Sweetcorn	Mushy Peas Carrots Sweetcorn
<b>Desserts</b>	Fresh Fruit Pots Assorted Yoghurt Hot Dessert & Custard Homebakes Fresh Fruit	Fresh Fruit Pots Assorted Yoghurt Hot Dessert & Custard Homebakes Fresh Fruit	Fresh Fruit Pots Assorted Yoghurt Hot Dessert & Custard Homebakes Fresh Fruit	Fresh Fruit Pots Assorted Yoghurt Hot Dessert & Custard Homebakes Fresh Fruit	Fresh Fruit Pots Assorted Yoghurt Hot Dessert & Custard Homebakes Fresh Fruit
<b>Extras</b>	Assorted Salad Couscous Tuna pasta salad	Assorted Salad Couscous Tuna pasta salad	Assorted Salad Couscous Tuna pasta salad	Assorted Salad Couscous Tuna pasta salad	Assorted Salad Couscous Tuna pasta salad

<b>Drinks</b>	Assorted Juice Drinks Milk Fruitina Drink	Assorted Juice Drinks Milk Fruitina Drink	Assorted Juice Drinks Milk Fruitina Drink	Assorted Juice Drinks Milk Fruitina Drink	Assorted Juice Drinks Milk Fruitina Drink
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